



Live Oak Senior Nutrition and Service Center
 111 Church Street, Los Gatos, CA 95030
 (408) 354-0707



Salt Icon: Meal contains more than 1000 mg sodium

Monday		Tuesday		Wednesday		Thursday		Friday	
2	LON Chicken Stir Fry	3	LON Spaghetti w/ Meat Sauce (beef & turkey)	4	LON Lime Chicken	5	LON Vegetarian Bean Chili 10:30 to 11:30 am Tai Chi Blood Pressure Check 12:30 pm Bingo	6	LON Chicken & Sausage Paella (chicken & beef/pork) Mother's Day Celebration Rose and Her Hula Group
9	LON Turkey Alfredo Pasta	10	LON Lemon Pepper Fish	11	LON Meatballs w/ Mushroom Gravy (beef & chicken)	12	LON Dijon Pork 10:30 to 11:30 am Tai Chi 12:30 pm Bingo	13	LON Baked Chicken w/ Gravy
16	LON Vegetarian Southwest Pasta (beans & cheese)	17	LON Beef & Turkey Tacos	18	LON Fiesta Chicken	19	LON Fish w/ Roasted Red Pepper Sauce 10:30 to 11:30 am Tai Chi 12:30 pm Bingo	20	LON Ginger Pepper Steak (beef)
23	LON Hawaiian Chicken	24	LON Potato Crusted Fish	25	LON Pork with Peach/Orange BBQ Glaze	26	LON Sloppy Joe Sandwich (beef & turkey) 10:30 to 11:30 am Tai Chi 12:30 pm Bingo	27	LON Ranchero Chicken Birthday Celebration!
30	LON Closed Memorial Day	31	LON Tacos Al Pastor (pork)						

Week 5/2: Chicken Caesar Salad OR Pear & Cheese Salad OR Turkey & Cheese Sandwich	Meals are served from 11:00 am to 12:30 pm
Week 5/9: Chef Salad OR Italian Chopped Salad OR Asian Tuna Salad Sandwich	ARC = Los Gatos Adult Recreation Center, 208 E. Main St., Los Gatos
Week 5/16: Turkey Tzatziki Salad OR Black Bean & Corn Fiesta Salad OR Roast Beef Sandwich	LON = Live Oak Senior Nutrition Ctr., 111 Church St., Los Gatos
Week 5/23: Chicken Santa Fe Salad OR Chickpea Spinach Salad OR Turkey & Cheese Wrap	\$3.00 Contribution is Recommended for Adults over 60
Week 5/30: Italian Pasta Salad w/ Turkey OR Beet, Spinach & Feta Salad OR Turkey-Ham & Cheese Sandwich	Reservations: 24 Hours in Advance (408) 354-0707