



Live Oak Senior Nutrition and Service Center
 111 Church Street, Los Gatos, CA 95030
 (408) 354-0707



Salt Icon: Meal contains more than 1000 mg sodium

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <i>LON</i> Closed New Year's Day
4 <i>LON</i> Baked Chicken Quarter with Gravy	5 <i>LON</i> Szechuan Pork	6 <i>LON</i> Beef & Turkey Cabbage Bake	7 <i>LON</i> Baked Fish with Tartar Sauce & Lemon Wedge	8 <i>LON</i> Chicken Pomodoro
11 <i>LON</i> Roasted Pork with Apple Chutney Sauce	12 <i>LON</i> Baked Lemon Pepper Chicken	13 <i>LON</i> Cheese Lasagna	14 <i>LON</i> Orange Glazed Chicken	15 <i>LON</i> Spaghetti With Meat Sauce
18 <i>LON</i> Closed Martin Luther King Jr Day	19 <i>LON</i> Sweet & Sour Pork	20 <i>LON</i> Tamale Pie	21 <i>LON</i> Turkey & Broccoli Pasta	22 <i>LON</i> Arroz con Pollo
25 <i>LON</i> Hearty Lentil Stew	26 <i>LON</i> Chicken with Creamy Tuscan Sauce	27 <i>LON</i> Fish with Lemon Sauce	28 <i>LON</i> Mushroom Chicken	29 <i>LON</i> Ginger Beef Stir Fry Birthday Celebration!

Week 1/4: Greek Chicken Salad OR Vegetarian Bean Salad OR Roast Beef Sandwich	Meals are served from 11:00 am to 12:30 pm
Week 1/11: BBQ Chicken Salad OR Spinach, Cranberry, Walnut & Egg Salad OR Turkey-Ham & Apple Sandwich	ARC = Los Gatos Adult Recreation Center, 208 E. Main St., Los Gatos
Week 1/18: Beef Salad w/ Horseradish Ranch Dressing OR Antipasti Orzo Salad OR Tuna Sandwich	LON = Live Oak Senior Nutrition Ctr., 111 Church St., Los Gatos
Week 1/25: Chef Salad OR Cottage Cheese Salad OR Curry Apple & Chicken Wrap	\$3.00 Contribution is Recommended for Adults over 60
	Reservations: 24 Hours in Advance (408) 354-0707