



**Live Oak Senior Nutrition and Service Center**  
 111 Church Street, Los Gatos, CA 95030  
 (408) 354-0707



Salt Icon: Meal contains more than 1000 mg sodium

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <i>Sweet &amp; Sour Pork</i> LON	2 <i>Tamale Pie</i> LON	3 <i>Turkey &amp; Broccoli Pasta</i> LON	4 <i>Arroz con Pollo</i> LON
7 <i>Hearty Lentil Stew</i> LON	8 <i>Chicken with Creamy Tuscan Sauce</i> LON	9 <i>Fish with Lemon Sauce</i> LON	10 <i>Mushroom Chicken</i> LON	11 <i>Ginger Beef Stir Fry</i> LON
14 <i>Baked Fish with Roasted Red Pepper Sauce</i> LON	15 <i>Pork Char Siu</i> LON	16 <i>Pollo a la Crema</i> LON	17 <i>Beef &amp; Turkey Shepherd's Pie</i> LON	18 <i>Santa Fe Chicken and Lentil Casserole</i> LON <i>Birthday Celebration!</i>
21 <i>Turkey Pot Pie</i> LON	22 <i>Chicken Parmesan</i> LON	23 <i>Glazed Turkey Ham</i> LON <i>Holiday Celebration</i>	24 <i>Chicken Mole</i> LON	25 <i>Closed</i> LON <i>Christmas Day</i>
28 <i>Closed</i> LON	29 <i>Closed</i> LON	30 <i>Closed</i> LON	31 <i>Closed</i> LON <i>New Year Eve</i>	

Week 12/1: Beef Salad w/ Horseradish Ranch Dressing OR Antipasti Orzo Salad OR Tuna Sandwich	<i>Meals are served from 11:00 am to 12:30 pm</i>
Week 12/7: Chef Salad OR Cottage Cheese Salad OR Curry Apple & Chicken Wrap	ARC= Los Gatos Adult Recreation Center, 208 E. Main St., Los Gatos
Week 12/14: Chinese Chicken Salad OR Veg. Green Pea Salad OR Turkey Sandwich	LON = Live Oak Senior Nutrition Ctr., 111 Church St., Los Gatos
Week 12/21: Chicken Caesar Salad OR Kale & Roasted Sweet Potato Salad OR Turkey & Cranberry Sandwich	<i>\$3.00 Contribution is Recommended for Adults over 60</i>
	<i>Reservations: 24 Hours in Advance (408) 354-0707</i>