

### #13 LIVE OAK ADULT DAY SERVICES

Live Oak Adult Day Services is a nonprofit, community-based agency which provides a specialized day program of adult services for elderly, dependent adults. We have locations in Los Gatos, Willow Glen, Cupertino, and Gilroy. Many of our participants suffer from dementia or physical conditions which affect their independence. We ensure that our participants have an opportunity to enjoy a variety of stimulating activities such as adaptive physical exercise, music programs, arts and crafts projects, discussion of current events, and times of reminiscing.

Our program helps to lessen our participants' sense of isolation and keeps them active and engaged, while also providing their caregivers with some respite and support.

All donations are greatly valued and appreciated.

Thank you for your support!



Los Gatos United Methodist Church  
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### #14 LGUMC SHOWER MINISTRY

LGUMC, in coordination with St Luke's Episcopal Church, opens our showers and hearts every Thursday afternoon to unhoused people in Los Gatos. During the COVID-19 pandemic, we continue to safely offer hot showers, bag lunches, and often new, warm socks and underwear. When funds are available, or cards are generously donated, we distribute \$10 Subway gift cards. Your gift supports all of these efforts for the truly needy in our community.



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### #15 LGUMC HEALTH & VISITATION MINISTRIES

The Director of Visitation, assisted by the Health Ministry Team and volunteers, reaches out to persons of all ages who are homebound, hospitalized, or unable to participate fully in the fellowship here at church. The need for a coordinator to link visitation efforts has been felt for some time. Through visitations, those who are no longer able to attend church activities continue to feel our love and support. However, without coordination, the frequency of visits to our homebound or hospitalized members can be spotty and uneven--some may have many visitors at one time, with few at other times. We also help coordinate meal delivery as needed for members who have recently returned home from a hospital stay. We are seeking funds to continue this visitation coordination which began in 2009.

In addition, health, fitness, and other relevant presentations have helped active members to remain well and better prepared to deal with questions that might emerge in the future.



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### #16 LIVE OAK SENIOR NUTRITION CENTER

Your gift will provide daily nutritious meals, health education, transportation, information, and referrals to over 200 seniors weekly. Since the pandemic, Live Oak has been giving out an average of 62 lunches per day. Our seniors need your help more than ever; funds are limited and the demand keeps growing. Live Oak will also accept donations of granola /meal bars, batteries, flashlights, peanut butter, socks, gloves, puzzles (used is fine), canned vegetables (string beans, peas, corn), canned soup, pocket size bottles of sanitizer, and gift cards to local restaurants, Safeway or Walgreens. On November 25 and December 23, Live Oak gives out grocery bags full of goodies. Last year they gave out 100 bags! Please drop off donations between 11AM and 2PM, Monday through Friday.



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