



Live Oak Senior Nutrition and Service Center
 111 Church Street, Los Gatos, CA 95030
 (408) 354-0707



Salt Icon: Meal contains more than 1000 mg sodium

Monday		Tuesday		Wednesday		Thursday		Friday	
		1	LON	2	LON	3	LON	4	LON
		<i>Dijon Herb Crusted Fish</i>		<i>Cabbage Roll Casserole</i>		<i>Chicken Curry</i>		<i>BBQ Pork Riblet</i>	
7	LON	8	LON	9	LON	10	LON	11	LON
Closed Labor Day		<i>Turkey Burger</i>		<i>Honey Ginger Pork</i>		<i>Baked Pasta With Meat Ragu</i>		<i>Chile Lime Chicken</i>	
14	LON	15	LON	16	LON	17	LON	18	LON
<i>Chicken Adobo</i>		<i>Baked Fish With Dill Sauce</i>		<i>Tamale Pie</i>		<i>Greek Chicken</i>		<i>Stir Fry Sesame Pork</i>	
21	LON	22	LON	23	LON	24	LON	25	LON
<i>Chile Relleno Casserole</i>		<i>Cuban Mojo Chicken</i>		<i>Baked Fish With Roasted Red Bell Pepper Sauce</i>		<i>Sausage with Peppers & Onions</i>		<i>Chicken Pastina</i>	
28	LON	29	LON	30	LON				
<i>Beef and Turkey Meatloaf with Gravy</i>		<i>Parmesan Fish</i>		<i>Crispy Chicken</i>					

<i>Week 9/1: Chicken Caesar Salad OR Green Pea Salad OR Caprese Chicken Salad Sandwich</i>	Meals are served from 11:00 am to 12:30 pm
<i>Week 9/7: Chinese Chicken Salad OR Marinated Lentil Salad OR Turkey Sandwich</i>	ARC= Los Gatos Adult Recreation Center, 208 E. Main St., Los Gatos
<i>Week 9/14: Chicken, Quinoa & Apple Salad OR Black Bean Fiesta Salad OR Tuna Sandwich</i>	LON = Live Oak Senior Nutrition Ctr., 111 Church St., Los Gatos
<i>Week 9/21: Chef Salad OR Peach & Tomato Salad OR Curry Apple & Chicken Wrap</i>	\$3.00 Contribution is Recommended for Adults over 60
<i>Week 9/28: Antipasti Orzo Salad OR Three Bean & Barley Salad OR Turkey Wrap</i>	Reservations: 24 Hours in Advance (408) 354-0707